

SEADRIFT/VICTORIA CHAPTER February 2010

Next Meeting

March 11

Join us for a Dutch treat dinner at 5 pm at the Golden Corral. We will then go to the Co-op at 6 pm for an evening of games and fellowship. If you can't come to the dinner we will see you at the Co-op.

Join your Carbide friends for cards, Dominoes, Bridge, Hand & Foot, Tripoley, or whatever you wish.

Long tables are provided along with 3 card tables.

Come and enjoy an evening of FUN!

Meetings

Other meetings planned this year are:

June 10 at the Clubhouse

Sept. 9 at the Co-op

Dec. 9 at Clubhouse

Notice!!

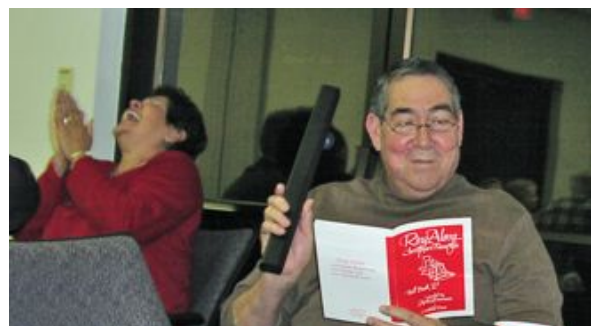
I lost my hard drive and have been struggling to recover as much information as possible. I thought I had backups but my backup system failed. I have recovered the complete retiree listing as of last summer but do not know who actually belongs to the CRC so the mailing may not get everyone. If you hear of people who do not get the newsletter let me know at (361)578-4392 or weldonc@suddenlink.net. I also lost my e-mail address list that I use to send announcements, so send me your e-mail that I can reconstruct my list.

Weldon

December 3, 2009 Meeting



We had 54 attend the dinner/meeting. As usual the visitation and food were outstanding. **Janie Zeplin** returned to entertain us and was as extraordinary as she has been in the past. **Janie** was assisted by **Sharna Gibbons** and **Kay Frels** shown in the picture above along with **Janie**. We all had a good time with the bell ringing but no one as much as **Ester Ozuna** when **David** was ringing the bells.



Memorials

Alton R. "Al" Oliver, 74, of Victoria died December 5, 2009. **Al** retired in 1992 from operations after 35 years service.

Walter Dentler, 86, of Mission Valley, died January 27, 2010. **Walter** retired in 1987 after 33 years service.

Harold "Mike" Miller, 89, of Victoria died January 30, 2010. **Mike** retired in 1982 after 35 years service.

Randy Joe Shafer, 54, of Port Lavaca died January 28, 2010. **Randy** was in instrumentation with 32 years service.

Congratulations 50 Years



Sam and Leta Reeves celebrated their 50th anniversary December 12, 2009. **Sam** retired in 1997 after 40 years service.

New Aetna card information

There have been questions about the new Aetna cards and the meaning of the information shown on the lower right portion of the card. **Jim Friedel** checked it out and came up with the following:

PCP	20	<i>Primary Care Physician</i>
SPC	35	<i>Specialist, such as dermatologist, etc.</i>
HO	250	<i>Hospital</i>
ER	100	<i>Emergency Room</i>
IC	20	<i>Urgent Care, such as a walk-in clinic but not a hospital</i>

These dollar amounts are the current co-pay and **are for pre Medicare retirees** only. You will still have a deductible. The amounts are not fixed forever and most likely will increase in the future.



Janie Zeplin



Jim Friedel



Joyce Teinert



Karen Daggs



Leroy Sumbera



Mary Fulks



Nell Weber



Raul Armubula



Sue Brooks



Ted Gill



Tom Brooks



Walt Teinert



Wayne Daggs



Wes Zeplin

Partial showing of folks who attended the meeting. For additional pictures see the web site-seadrifter.org

IMPORTANT PHONE NUMBERS



Aetna Member Services
1-800-736-9369

Retiree Service Center
1-800-344-0661

Praxair Retiree Services
1-800-727-7878

Aetna Home Delievery
1-800-736-9369

24/7 Nurse Line
1-800-556 1555

******FIN NUMBERS******

CLIP AND KEEP FOR FUTURE REFERENCE

Coordinator Jim Friedel—576-5225
Ed Adkins—897-1070
D. L. “Buck” Buchanan—576-2595
Les Furman—575-3397
Ted Gill—785-4946
Paul Marinez—526-2882
Pete Terrell—552-3415
Ken Woodall—552-9429

Chapter Officers

Pres: Weldon Cummings—
578-4392
Vice Pres: Jim Friedel—
576-5225
Sec/Treas: Alyce Hartman--
573-6529
Newsletter: Weldon Cummings
578-4392

We are in a New Year and many of us are still observing our New Year's Resolutions, but some have fallen by the wayside. Many things change and we all need a plan for unexpected events. If you had a resolution to plan for future events and you haven't done it, or you did not have that as a resolution, it is never too late to develop one.

For starters, talk with your spouse about your pension, medical insurance, and company life insurance if something happens to you, and who to contact. For Carbide and Dow retirees contact Retiree Services at 1 800 344 0661 or one of the FIN volunteers listed in each newsletter. Other companies should have a contact number for their retirees. This is the best source of information for these subjects. For anyone receiving, or wishing to receive, communications from Carbide Retiree groups, fill out and submit the CRC registration form to make sure you will continue getting announcements and newsletters.

The next task is to talk with your spouse and children about possible future needs. Make sure they have access to your personal records. Consider the need for different documents such as power of attorney and medical directives. Many of us need help managing our affairs, or may need help in the future. It is better to discuss this before it is forced upon us.

Finally, if you are not participating or involved in activities as simple as getting out and visiting with friends for a chat, try it. Get involved with the Carbide Retirees Association when we meet each quarter. These meetings provide an opportunity for fellowship and to ask questions regarding benefits, etc.

Research has shown just a simple activity as walking and interacting with others is beneficial. Take it a step farther and become involved with other retirees and participate in the Dow Retiree Health Empowerment Program and urge others to join with you. All retirees can be participants in the program and it has proven helpful.

Best Wishes for the New Year!